

## USA TODAY Snapshots®

### The art of aging

Seven in 10 adults say they have stayed the same or become better-looking as they've aged. What they attribute that to:

Having a healthier self-image

66%

Becoming more stylish

50%

Caring less about what people think

46%

Losing weight

28%

Having a cosmetic procedure

15%

Source: American Laser Centers survey of 575 adults.  
Margin of error:  $\pm 4$  percentage points.

By Michelle Healy and Karl Gelles, USA TODAY